

Angela Parmo graduated from Kings Park High School in 1959. She eventually moved to South Florida. Besides the usual duties of house and family, Angela got attached to the Coast Guard Auxiliary.

Her years in the USCG Auxiliary have been a fast paced program. Her accomplishments are many. In 2008 she created the "07 Connection", a human resources department publication. Since that date she has published 21 issues that are posted on the District 7 Website. This publication is issued quarterly and she has never missed an issue. The issues contain columns from several district officers, also human interest stories and calendar events.

Communication is Angela's major field and she has a proven ability to keep in touch with the Auxiliary Districts. She is someone who always has the time to assist an office in need of information.